



APPROVED NUT-FREE SNACKS

- Fresh Fruit / Vegetables
- Popcorn or PopCorners
- Belvita crunchy breakfast bars
- Roasted Chickpeas
- Nature's Bakery bars
- Pirate's Booty
- Pretzels (*no peanut butter filled*)
- Chips, Sunchips
- Cheese (stick, cube, slice, round)
- Graham Crackers or Teddy Grahams (*no peanut butter grahamfuls*)
- Raisins / Dried fruit
- Crackers - Plain Ritz, Saltines - NOT Keebler
- Fruit Snacks
- Zego & "That's It" Fruit Bars
- Anything made by Made Good, Enjoy Life, Yum Earth
- Nutri Grain bars
- Beef Jerky/Turkey Jerky
- Biscoff Cookies
- Lorne Doones
- Ginger Snaps
- Sugar Wafers
- Nabisco- Barnum's Animal Crackers & Nilla Wafers
- Chex Mix - *original flavor only*
- Goldfish
- Cheez-its
- Wheat Thins
- Oreos (*original flavor only*)
- Fig Newtons
- Apple Sauce & Fruit Pouches
- Quaker Rice Cakes
- Anything made by Zee Zees
- Annie's Organic bunnies, cheez-its, crackers
- Little Bites Muffins
- BEAR real fruit snacks
- Pure layered fruit bars
- BARE Fruit and Veggie chips

*Please do not send any products that include Nutella, almond butter, or other tree nut butters, etc.

**Please review the Porter-Gaud Lower School handbook for food allergy guidelines.