

Porter Gaud School Sports Medicine



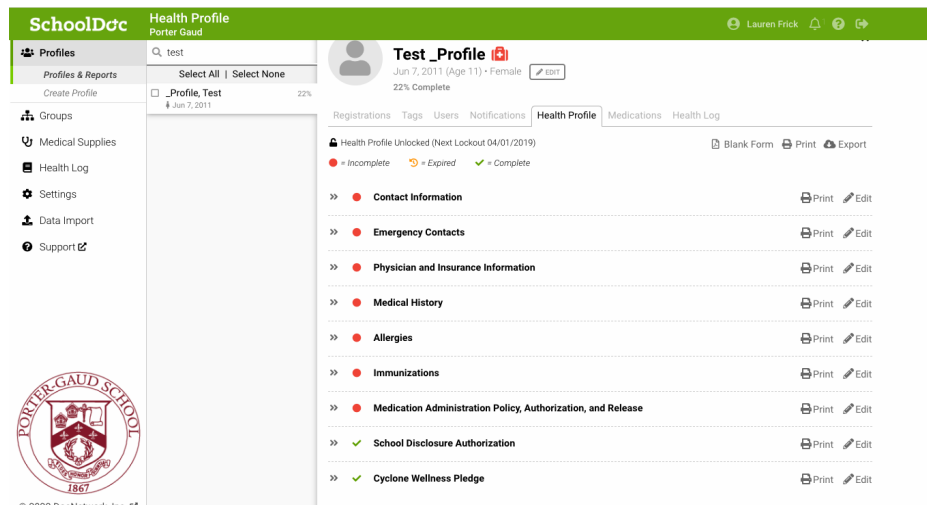
Welcome to the 2022-2023 sports season! In order to participate please be sure to read this pamphlet thoroughly and send any questions to Lauren Frick, Head Athletic Trainer.

Eligibility

All student athletes **MUST** have:

Schooldoc profile <https://www.schooldoc.com/> filled out to its entirety, including a valid physical form signed by a physician, a warning of inherent risk form signed by both parent/guardian and athlete, along with any medication administration plan (if applicable.)

- All forms are downloadable on the drop downs of their profiles and must be completed and uploaded.
- SchoolDoc serves as a platform for all of your child's medical information, contact information as well as where the school nurses and athletic trainers will provide documentation of evaluation and treatment. The only people able to see this are you as the parent/guardian, Athletic Trainers and School Nurses.



Here is a screenshot of a SchoolDoc profile. Parents will log in with the email and password they created. Each category has multiple drop downs. Please ensure everything is completed to the best of your knowledge.

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- Contact Information
- Emergency Contacts
- Physician and Insurance information
- Medical History
- Allergies
- Immunizations
- Medical Administration Policy, Authorization, Release
- School Disclosure
- Cyclone Wellness

ImPact baseline assessment www.impacttestonline.com/testing completed (email to follow beginning the week of June 27th). This will be sent to the student athletes school email address. For new students we will likely send it to the parent until they have a valid email address.



Please enter your Customer Code:

- ImPACT (immediate post-concussion assessment and cognitive testing) is a computer based assessment tool. It measures visual and verbal memory, reaction time, and processing speed to help determine when a patient can return safely to activity. This test alone cannot diagnose a concussion, however, it is used in conjunction with the Vestibular/Ocular-Motor Screening (VOMS), balance and symptom reporting in order to help identify concussions.
- A baseline assessment allows us to gather a preseason physical of the brain related to visual and verbal memory, reaction time, and processing speed.
- *Baseline assessments are good for 2 years. Every athlete will be required to take this who is in 7th, 9th, 11th grade, OR is a new student OR sustained a concussion in the previous school year.*

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The Sports Medicine Center

Athletic Trainers are certified and licensed healthcare professionals who render service or treatment, under the direction of or in collaboration with a physician, in accordance with their education, training and the state's statutes, rules and regulations.

Head Athletic Trainer: Dr. Lauren Frick

Athletic Trainer: Chelsey Perry

Overseeing Team Physician: Dr. Robert Lowery

**PorterGaud School is not affiliated with a hospital system. We strive to find the best fit for your child by working with the doctors of all hospital systems and groups.*

As a part of the health care team, services provided by athletic trainers include:

Injury prevention / management

Clinical evaluation and diagnosis

Immediate care / Emergency care

Treatment, Rehabilitation and Reconditioning

Organization and administration

Professional responsibility

- The Sports Medicine Center (SMC) will be *open weekdays from 10:30am until the conclusion of the last practice or game.*
- We encourage our athletes to see the SMC staff first, in order to facilitate the best care. In the event your child needs to see a doctor, we can typically provide same day or next appointments with one of the orthopedic specialists who is deemed best fit for your child's injury.
- We provide inhouse treatment, rehabilitation, and reconditioning following injuries and incorporate this into your child's school day.
- We provide a return to learn program for those recovering from a head injury
- All student athletes must use their school email to set up an appointment for an injury evaluation or treatment. Free periods, study hall with permission from the teacher and lunch with permission from an AT are proper times for treatment.
 - *No student will be permitted in the SMC for treatment during an academic class.*
- The safety and wellbeing of your student athlete is at the forefront of our minds. We work on a "Full Athlete" Model, treating the physical, mental and emotional side to injury and life! Communication and collaboration is key.
 - Encourage your child to visit the SMC and speak with an athletic trainer. The better we know them, the better our care will be !
 - For more information about Athletic trainers, please visit <https://www.nata.org/about/athletic-training>

Please reach out with any questions !

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