



James Island Weekly Menu



September 9 - 13, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK:	Cheddar Cubes* Ritz	Graham Crackers Fruit	Nutrigrain Bar Fruit	Homemade Granola Yogurt*	String Cheese* Wheatthins
Lunch: 2% Organic Milk	Chicken Tenders Tater Tots Green Beans Mandarin Oranges	Quesadillas* Blackbeans Fruit Chips & Salsa	Spaghetti with Meatballs Broccoli with Ranch*** Cantaloupe	Tomato Basil Soup * Grilled Cheese Fruit	Hotdogs Lays Chips Slaw** Fruit
PM Snack:	Sunchips Peaches	Hummus Carrots	Baked Pretzels Fruit	Cheez-its Fruit	Oreos Milk*

Contains Milk *

Contains Egg **

Contains Egg & Milk ***