



James Island Weekly Menu

November 30-December 4, 2020



	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK:	Apple Nutrigrain & Milk*	Gingersnaps & Peaches	Cheddar * Biscuits & Canteloupe	Animal Crackers & Fruit	Apple Sauce & Graham Crackers
Lunch: 2% Organic Milk	Spaghetti with Meatballs Greenbeans Orange Slices	Tomato Basil Soup* Grilled Cheese Sandwiches* Apple Slices	Pork Fried Rice Stirfry Veg. Medley Mandarian Oranges	Ham & Cheddar Cubes Ritz Crackers Broccoli w/Ranch*** Fruit	Homemade Chicken Pot Pie w/butterbeans, corn, carrots & potatoes* Salad w/ Ranch*** & Fruit
PM Snack:	Lay Chips & Pineapple	Cheezits* & Fruit	Hummus Carrot Sticks & Pita Chips	Goldfish Pretzels & Fruit	Scooby Snacks & Milk*

Contains Milk *

Contains Egg **

Contains Egg & Milk ***