

# Mount Pleasant Weekly Menu

March 18 - 22, 2019



<b>AM Snack:</b>	Monday	Tuesday	Wednesday	Thursday	Friday
	*String Cheese & Wheat Thins	*Biscuits w/ Jelly	Bananas & *Vanilla Wafers	Cereal w/ *Milk	*Raspberry Nutri Grain Bars & Craisins
<b>Lunch:</b> *Served with Organic 2% Milk 	Red Rice w/ Sausage  Corn  Fruit Cocktail	***Beef & Noodles  Broccoli  Oranges	*Ham & Cheese Wraps  ***Salad  Strawberries	***Pancake-Wrapped Sausage Bites  *Cheese Grits  Cantaloupe	*Pita Pizzas  Cucumbers w/ ***Ranch  Apples
<b>PM Snack:</b> 	*Trail Mix w/ Dried Fruit, Pepitas, & Chickpeas	*Vanilla Yogurt w/ Blueberries	*Popcorn & Fruit Snacks	Apples & *Goldfish	*Ice Cream & Fruit

- \* Contains Milk
- \*\* Contains Eggs
- \*\*\* Contains Milk & Eggs